

DAY 9: DEEPENING

To the person submitted to God, suffering and humbling experiences often result in deepening. Fasting is a means to deepen. David writes, “I humbled my soul with fasting” (Psalm 69:10). If you’re still with us in this fasting journey, you’ve grown deeper.

Pen poised?

PAUSE: Try this breath prayer: Center me in you, Lord. Deepen me. 2-3 minutes

REJOICE: Celebrate your trials. In what ways through your life has God deepened you through suffering. Can you list 10? Rejoice!

ASK: God, take Crosspoint **deeper**. Disciple us. Teach us. Help us be willing to follow you no matter what! Personally, ask God to use all the circumstances of your life to deepen you. What are three ways you need deepening or are experiencing it now?

YIELD: The process is not always pleasant. Yield to God’s good pleasure using all things in your life. In God’s economy, there is no waste! Write a praying saying yes to deepening.

With any time left, read Psalm 6, Romans 5:1-5.

Day 9 - Journal