

COMMUNION for Kids

Becoming a
Faithful Follower
of Jesus



WHAT IS COMMUNION?

Communion (also called The Lord's Supper) is a special time when we remember what Jesus did for us through His death on the cross and resurrection from the dead. The bread reminds us of Jesus' body, and the cup/juice reminds us of His blood. It is a way we celebrate His sacrifice for our sins, thank Him for His love, and remember that through faith, we belong to Him.

"Do this in remembrance of me." – Luke 22:19

WHY DOES IT MATTER?

Communion helps children:

- Understand the seriousness of sin and the depth of God's grace.
- Remember that Jesus gave His life so we could be forgiven.
- Celebrate being part of God's family.
- Reflect on their own relationship with Jesus.

IS MY CHILD READY?

Every child is different, but here are some signs they may be ready to take communion:

- They have trusted Jesus as their Savior.
- They understand (in an age-appropriate way) that communion is about remembering Jesus' sacrifice.
- They can explain what the bread and cup represent.
- They show a growing understanding of sin and forgiveness.

Communion is not about being perfect, it's about remembering the One who is — Jesus.

HOW TO TALK ABOUT COMMUNION AT HOME

1. Keep it simple.

"Communion is how we remember that Jesus loves us so much that He gave His life for us."

2. Ask open-ended questions.

- What do you think the bread represents?
- Why do we remember Jesus this way?
- What does it mean to ask Jesus to forgive us?

3. Read Scripture together.

- Luke 22:14–20
- 1 Corinthians 11:23–26

4. Pray together.

Thank Jesus for His sacrifice and for loving us. Encourage your child to talk to Jesus in their own words. Reference the Prayer Topic Card if needed on Teaching Kids to Pray

A HELPFUL REMINDER FOR PARENTS

Communion is a meaningful step in your child's faith journey, but is not a finish line. Continue having conversations about salvation, grace, repentance, and gratitude as they grow.

If you have questions about your child's readiness for communion, we would love to talk with you.

Additional Resources

- **Workbook** — *Communion for Kids*
- **Website** — [*Tiny Theologians*](#)